

PREGNANCY HISTORY

Clinician:

Client:

Date:

5-Digit System

Gravida: number of times pregnant, including current pregnancy

Term: number of deliveries after 37 weeks

Preterm: number of preterm deliveries between 27-37 weeks

Abortions: number of medical abortions before 20 weeks

Living: number of living children (multiple counts as one, i.e. twins)

Key Terms

Para: number of pregnancies

Nulligravida: not and never been pregnant

Primigravida: to be or have been pregnant

Nullipara: never completed a pregnancy

Primipara: to complete one pregnancy (>500g, dead or alive)

Multipara: client completed >2 pregnancies

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TOTAL =

LAST MENSTRUAL CYCLE

1. Estimate or Definitive
2. Abnormal or Expected Symptoms
3. Irregular or Monthly
4. Pain Medications?
5. Misc.

DATE OF DELIVERY (Nagele's Rule)

1. First day of LMP
2. Subtract 3 months
3. Add 7 days
4. Add 1 year
5. Date of Confinement

LAST PREGNANCY

Date of Last Pregnancy _____ Vaginal/Cesarian Term of Labor _____ Hours of Labor _____ M/F
Past/Future Birth Control Methods:

*Comments/Concerns/Complications