

Adult Psychopharm & FDA Indications		
Medications (Trade/Brand)	Usual Dosage	FDA Approved/Indications
Escitalopram/Lexapro	10-20 mg/day, 5, 10, 20, 5mg/5ml	MDD, GAD, Panic, OCD, PTSD, Social Anxiety, PMDD
Citalopram/Celexa	20-40 mg/day 10, 20, 40	MDD, PMDD, OCD, GAD, PTSD, Social Anxiety
Sertraline/Zoloft	50-200 mg 25, 50, 100, 20mg/mL	MDD, PMDD, Panic, PTSD, Social anxiety, OCD, GAD
Fluoxetine/Prozac	20-80 mg 10, 20, 40, 60, 20mg/5ml	MDD, OCD, PMDD, Bulimia, Panic, Social Anxiety, PTSD
Paroxetine/Paxil	20-50mg 10, 20, 30, 40, 10mg/5ml	MDD, OCD, Panic, PTSD, Social Anxiety, GAD, PMDD, Vasomotor
Venlafaxine/Effexor	75-225mg/day 37.5, 75, 150, 225	MDD, GAD, Social Anxiety, Panic, PTSD, PMDD
Duloxetine/Cymbalta	40-60 mg/day 20, 30, 60	MDD, DPNP, Fibromyalgia, GAD, Musculoskeletal/Neuropathic/Chronic Pain
Desvenlafaxine/Pristiq	50-100 mg/day 50	MDD, fibromyalgia, GAD, Social Anxiety, Panic, PTSD, PMDD, Vasomotor
Mirtazapine/Remeron	15-45 mg/night	MDD, Panic, GAD, PTSD
Bupropion/ Wellbutrin	225-400 mg/day SR: 200-450 mg/divided in two doses XL: 150-450 mg	MDD, Seasonal Affective, Nicotine Addiction, Bipolar Depression, ADHD, Sexual AE
Doxepin/Sinequan	75-150 mg/day MDD 3-6 mg insomnia	Psychoneurotic, Depression/Anxiety, Depression/Anxiety r/t ETOH, Depression/Anxiety r/t Organic Disease, Insomnia, Depression
Lithium	Levels: .8-1.2 300-1200/day	Bipolar Mania, Bipolar Depression, MDD, Vascular Headache, Neutropenia
Valproate/Depakote	Levels: 50-110 1200-1500 mg/day	Acute Mania/Bipolar, Complex Partial Seizures, Migraine Prophylaxis, Maintenance Bipolar, Psychosis, Schizophrenia (adjunctive)
Lamotrigine/Lamictal	100-200mg/day	Maintenance bipolar I, Partial Seizures, Other Seizures, Bipolar Depression/Mania, Psychosis Schizophrenia Adjunct, MDD Adjunct
Aripiprazole/Abilify	2-30 mg 15-30mg Schizophr/Bipolar 2-10 mg w/SSRI 5-15 mg/Autism	Schizophrenia, Acute mania, Bipolar Maintenance, Depression Adjunct, Autism-related Irritability, Tourette's disorder, Acute Agitation r/t

		Schizophrenia or Bipolar Disorder, Bipolar Depression, Disturbances in Dementias, Impulse Control
Olanzapine/Zyprexa	10-20 mg/day 2.5, 5, 10, 20 mg	Schizophrenia, Acute Mania/Bipolar, Bipolar Maintenance, Acute Agitation r/t Bipolar I Mania, Bipolar Depression (combination with fluoxetine), Disturbances in Dementia
Lurasidone/Latuda	40-80 mg/day schizo 20-60 mg/day bipolar depression, (up to 120 mg/day)	Schizophrenia, Bipolar Depression, Acute Mania, Bipolar Maintenance, Disturbances in Dementia, Children/Adol, Impulse Control
Quetiapine/Seroquel	400-800 mg/schizo and bipolar 300 mg for bipolar depression 25, 50, 100, 300, 400	Schizophrenia, Acute Mania, Bipolar Maintenance/Depression, Mixed Mania, Disturbance r/t Dementia, Parkinson's and Lewy body, Dementia, Severe tx-Resistant Anxiety
Risperidone/Risperdal	2-8 mg/day 0.25, 0.5, 1,2,3,4,6	Schizophrenia, Acute Mania, Autism Related Irritability, Bipolar Maintenance, Bipolar Depression, Disturbances r/t Dementias, Children/Adol, Impulse Control
Brexiprazole/Rexulti	2-4 mg schizophrenia 2 mg depression 0.25, 0.5, 1, 2, 3, 4	Schizophrenia, tx-resistant Depression, Acute Mania, Bipolar Maintenance, Bipolar Depression
Ziprasidone/Geodon	40-200 mg/day (in divided doses) schizophrenia 80-160 mg/day (divided doses) bipolar 10-20 mg IM 20, 40, 60, 80 mg	Schizophrenia, Acute Agitation r/t Schizophrenia (IM), Acute Mania/Mixed, Bipolar Maintenance
Clozapine/Clozaril	12.5, 25, 100, 200 mg up to 500 mg/day	Tx-resistant Schizophrenia, tx-Resistant Bipolar, Violent Aggressive Patient w/Psychosis